

Top Ten Housing Adaptations

- 1** Double the usual levels of lighting in the home.
- 2** Pay attention to acoustics and reduce noise pollution.
- 3** Ensure there is good signage mounted low enough for poor eyesight.
- 4** Use contrast of tone (rather than colour) to differentiate between walls, skirting boards and floors. Ensure that floors are of a consistent tone.
- 5** Use contrast of colour or tone to make switches and objects easily visible.
- 6** Use objects or pictures rather than colours to differentiate different parts of the building.
- 7** Ensure that kitchens and bathrooms are easy to understand.
Avoid new designs for things such as taps or kettles.
- 8** Ensure that people can see important rooms such as the toilet, that furniture and fittings give strong clues to the purpose of the room and that there are clear signs.
- 9** Place illuminated clocks in each room indicating whether it is a.m. or p.m.
- 10** All doors should be visible on entering the dwelling. Cupboards should be glass fronted or open.